



**OFFICE OF THE COUNTY EXECUTIVE
ALL-EMPLOYEES MEMORANDUM**

DATE: OCTOBER 30, 2024

**EMPLOYEE MEDICAL HEALTH PLAN OF SUFFOLK COUNTY (EMHP)
IMPLEMENTATION OF THE EXPRESS SCRIPTS INC. ENCIRCLERx WITH OMADA
FOR WEIGHT LOSS PROGRAM – EFFECTIVE JANUARY 1, 2025**

Effective **January 1, 2025**, the EMHP and Suffolk County will implement the program offered by the EMHP's Commercial Prescription Benefit Manager ("PBM") Express Scripts, Inc. ("ESI") called **EncircleRx with Omada for Weight Loss** (EncircleRx). This mandatory program will be applicable to current and new utilizers of GLP-1 medications for weight loss. This program **will not apply** to Medicare-prime retirees enrolled in the EMHP's EGWP plan.

All Utilizers (Current and New):

- The Omada for Weight Loss component requires that the utilizer meet the following requirements **each month**:
 - a) Use the Omada for Weight Loss mobile application four (4) times during the month, by doing lessons or engaging with the utilizer's health coach, peer group, or online community; AND
 - b) Weigh in four times during the month using the smart scale provided by Omada for Weight Loss at no charge to the utilizer.
- All utilizers (current and new) granted a Prior Authorization (PA) **must enroll and engage** with Omada for Weight Loss, a virtual health program. After January 1, 2025, to enroll in Omada for Weight Loss, utilizers must register or log into esrx.com/healthsolutions to get their Access Code. The utilizer must then sign up at omadahealth.com/esi or download the Omada for Weight Loss mobile application.

New Utilizers:

- For **new utilizers**, effective January 1, 2025, to have their prescribed GLP-1 medications for weight loss covered, a PA must be sought from EncircleRx before a prescription will be filled under the EMHP. The **new utilizer** must meet the following PA criteria:
 - Body Mass Index (BMI) that is greater than or equal to 32; **or**,

- BMI that is greater than or equal to 27 with documentation of two (2) comorbid conditions (i.e. diabetes along with high blood pressure).
- Per the EncircleRx PA policy, BMI documentation includes, but is not limited to, chart notes, prescription claims records, prescription receipts and/or other information on the patient's BMI and, if required, coding of comorbidities – it cannot just be an attestation by the treating prescriber. ESI's PA will be requiring all PA criteria from the prescriber, and it must be provided to ESI by the prescriber not by the member.

Current Utilizers:

- **Current utilizers** who have been taking GLP-1 medications for weight loss prior to January 1, 2025, and who are continuing to take GLP-1 medications for weight loss on or after January 1, 2025, will be subject to the same EncircleRx PA criteria listed above under "New Utilizers". However, the BMI used to grant the PA will be the BMI at the time they started utilizing the GLP-1 medication for weight loss, NOT their BMI on or after January 1, 2025.
- Per the EncircleRx PA policy, BMI documentation includes, but is not limited to, chart notes, prescription claims records, prescription receipts and/or other information on the patient's BMI and, if required, coding of comorbidities – it cannot just be an attestation by the treating prescriber. ESI's PA will be requiring all PA criteria from the prescriber, and it must be provided to ESI by the prescriber not by the member.

All Utilizers (Current and New):

- On or after January 1, 2025, in addition to the above, in order for a utilizer to have their GLP-1 medication for weight loss covered by the EMHP, the utilizer's prescriber must visit the Express Scripts online portal at esrx.com/PA or call Express Scripts at 800-417-1764 to arrange for a coverage review. If a utilizer's prescriber **does not** visit the website listed above or does not call ESI and get approval, the utilizer's GLP-1 medication for weight loss **will not be covered by the EMHP and the utilizer will be responsible for the cost of that medication. Please note your prescriber cannot initiate the coverage review until you have completed your enrollment into Omada.**

Please be advised that all information provided by the utilizer or their prescriber with regard to their BMI, weight or comorbidities are confidential and will not be shared with anyone outside of Express Scripts, EncircleRx or the Omada for Weight Loss program.

In addition, utilizers will continue to have the right to appeal adverse determinations pertaining to the EncircleRx/Omada for Weight Loss program to the Labor/Management Committee consistent with current rules governing members' rights of appeal. Please refer to the EMHP Benefit Booklet at www.emhp.org for more information about your rights of appeal.



KEVIN B. MOLLOY
CHIEF DEPUTY COUNTY EXECUTIVE

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